



the Building Bridges project

Autumn Newsletter

October 2019

We have had an amazing summer! We hope you have enjoyed the activities you have taken part in. Looking forward we are planning activities for Halloween and Christmas including; Big Night Out, ice skating, meals and pottery painting!

If you would like to get involved with planning for the future as part of our steering group or fundraising with Friends of Building Bridges please get in touch with your project coordinator.

'I really love coming to yoga, it's fun and helps me to relax'



We took lots of pictures of all the graffiti we found on our walk!

Upfest By Cai

As part of our Arts Award we visited Upfest, a graffiti festival in Bristol. We walked up North Street and took pictures of lots of graffiti. Walking back past SS. Great Britain and crossing the river on a boat, we visited a Banksy piece near College Green. Then we walked up Park Street and visited the museum. My favourite piece was a very colourful graffiti made up of different shapes.

Cinema Trip By Lyndon

I really enjoyed the cinema trip to Cribb's where we watched Toy Story 4.

My favourite part of the film was the laser beam section.

I liked having independence on the bus and on the day out.



Barry Island By Jack

I really enjoyed going to Barry Island and going on the beach, in the arcade and on the rides.

My favourite part was going on the Waltzer with Marcus and Charley and cooling off with some mint choc chip ice cream. I also liked going on the train.



Barry Island By Spencer

I visited the shops at Barry Island to find a dragon tattoo. I had fun running on the beach, looking for crabs and riding on the train!



Camp Hillcrest By Robbie

I love going camping, it's my favourite activity of the year. At Camp Hillcrest I really enjoyed the new activities.

This included skateboarding and making pizza for dinner. I also learnt how to make fire in the forest school, this was awesome!



Yoga Sessions

Our Yoga for all session is back for October half term on the 29th October from 12.15 - 1.15pm at Bridges. This session is perfect for those who are new to Yoga and want to give something new a try! It is also open to those who've done some yoga before.

It is open to young people and adults 14+ and if you would like to book please contact Lisa on 07788606382

'I really love coming to yoga, it's fun and helps me to relax'

Job at Building Bridges!

'Chillout, our Monmouth youth group who meet on Wednesday evenings are looking for new sessional workers to help facilitate the weekly group. We are a friendly bunch and are looking for dynamic individuals who love working with young people and love to eat as much as we do! We would love to see passionate, committed people who can think on their feet and have skills/hobbies they could share with us!

Please see our website for details on the job description and application process!



Quest Busters

Quest Busters is a new exciting Lottery funded project that will provide locally based meaningful activities that are in a fun safe space, which promotes the wellbeing of children aged 8-17 with additional needs and their families in Monmouthshire. We aim to provide activities where people don't feel judged, where young people can have positive experiences and families and carers can benefit from respite and social opportunities. Our project is going to evolve from the experiences already created by MAGIC and Building Bridges, thus building on the successful opportunities and spaces that the community tells us about.

Upcoming Events...

October

- ⇒ 8th - Trampoline Trip for 17 and under.
- ⇒ 28th - Creative Writing 1-3.30pm £4
- ⇒ 29th - Yoga for All at Bridges 12.15-1.15pm £4
- ⇒ 29th - Big Night Out at the Riverside Hotel in Monmouth £5
- ⇒ 30th - Geocaching at Castle Meadows Abergavenny 1-3pm TBC
- ⇒ 31st - Halloween Sponsored Static Bike Ride at Bridges Monmouth!
9am-5pm
- ⇒ 31st - Cooking Social at Bridges 4-6pm £5

November

- ⇒ 14th - Cooking Social at Bridges 4-6pm £5

December

- ⇒ 3rd - Christmas Pottery Painting at Paint on Me Chepstow 5.30-7.30pm
£5 ticket to be purchased in advance. Redeemable on the evening.
- ⇒ 4th - Monmouth Christmas Meal at Estero. 6-9pm
- ⇒ 12th - Cooking Social at Bridges 4-6pm £5
- ⇒ 15th - Ice Skating at Celtic Manor £10 5-6pm.
- ⇒ 17th - Chepstow Christmas Meal at the Two
Rivers. 7-9pm



**Contact your project
worker for more
information and to book.**

Drop in at Cafe Nero

Monmouth

Every other Tuesday from 1st October



Lisa will be working from Cafe Nero from 1.30pm – 5.30pm every other Tuesday. Open to young people who want any advice or to meet with friends for a drink/cake.

Parent/carers also welcome to come & chat to Lisa about how Building Bridges can help.

Made with PosterMyWall.com

'In response to your suggestions, Lisa will be available at Café Nero fortnightly on Tuesdays if anyone needs help or advice with anything (Parents/carers or young people). It would also be a great opportunity for young people to meet up with friends and chat too!'



FRIDAY 28TH AUGUST 2020

We have some tickets for The Lion King the Musical at the Wales Millennium Centre next August for a 2.30pm Matinee performance!

Tickets are at a subsidised cost of £35 and are for Building Bridges young people initially.

We will be supporting young people on the train to Cardiff from Chepstow and Abergavenny

If you are interested, please book your place by Monday 14th October, with Lisa or your Project Worker

Payment will need to be made in advance by 31st January 2020. We can help to arrange payment plans for those who wish to do this.

We only have limited tickets so it will be first come first served.

'We are excited to announce that we have a trip to see the Lion King Musical next year. It is subsidised to make it accessible for all and we can help with any payment plans needed. Please see the poster for details, but it's sure to be a great show!'

The Regulars...

Monday

- ⇒ Swimming in Monmouth 1.30pm-3.30pm
- ⇒ Caerwent Youth Club 6pm-7.30pm £3.50

Tuesday

- ⇒ Abergavenny Youth Club at Wellfield Hall
6.30pm-8pm £3 Under 18's only

Wednesday

- ⇒ Chill Out Monmouth 6-8pm £3
- ⇒ Golf at St Pierre Golf Club 6-7pm

Thursday

- ⇒ Petanque in Abergavenny 2pm-4pm
- ⇒ Football in Abergavenny 6.45pm-7.30pm
- ⇒ Top Stop Coffee Shop @ Bulwark Community
Centre 6-8pm £1.50
- ⇒ Dance Blast @ Bulwark Community Centre
7-8pm £4

Friday

- ⇒ Friday Group 1-3pm in Abergavenny
- ⇒ Internet Café 3pm-5pm @ The Trading Post in
Abergavenny

Contact Us

Give one of the team
a call for more
information.

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Prosiect Gofalwyr
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